

# Felton Institute, UCSF, and National Institute of Mental Health Partnership



Helping People is our Mission,  
Technology is our Tool

## ADEPT: Assessment Diagnostic Evaluation Planning Tool

*The ADEPT assessment tool is designed to support shared decision making between the consumer and the clinician and to provide rigorous functional outcome measurements that will both guide the treatment process and facilitate research into more effective treatment approaches. In this illustration, ADEPT helped the clinician identify social isolation as a continuing problem and while Gregory resisted for some time, the graph ultimately made it clear to him, as well. As you see, when Gregory agreed to join our older adult day program he socialized, made friends and reduced his sense of isolation.*

## Gregory David's History at FSA

- Jan. 2010** Gregory David enters FSA's Geriatric Outpatient Mental Health Services.
- April 2010** Gregory shows progress in his psychological and physical health.
- May 2010** From his ADEPT assessment, Gregory's care manager notices that he is having challenges making friends and reports feeling uncomfortable around people.
- June 2010** The care manager suggests Gregory attend FSA's Older Adult Day Support Center (OADSC), a supportive, interactive community center for older adults.
- Sept. 2010** After two months of counseling, Gregory begins to attend OADSC.
- Oct. 2010** Gregory begins to make friends at OADSC and shows great progress as demonstrated by the ADEPT charts.

## Gregory David Health Chart

