

You have helped



12,000 families...

... maintain a household

Serena came to 2730 Bryant Street as a 16-year-old high school student pregnant and worried about her future as a single mom. With the help of the Teenage Pregnancy and Parenting Program (TAPP), she not only learned about raising her child, but laid out a roadmap for the next few years of her life. Today, Serena attends Hilltop High School and is able to visit her eight-month-old daughter Maria at the adjacent Hilltop Development Center on her breaks. In addition, she works part-time at the Young Family Resource Center (YFRC) in the same building. After she earns her diploma, Serena tells us that she plans to enter nursing school.



Serena is one of the many people whose lives are changing for the better because of these and other services at Family Service Agency's Children, Youth and Family Division. Others utilize the Family Developmental Center to prepare at-risk children to enter the school system, the Developmental Education Parenting Program to better raise their special needs children, and Early Childhood Mental Health to address mental health issues in child-care facilities throughout San Francisco. To find out about these and other Family Service Agency programs for children, youth and families, please visit www.fsasf.org.



... continue to receive social and medical services



Andrew had his first psychotic break when he was 15. The cheerful and humorous teenager with an interest in music changed quickly into someone who was anxious and afraid, becoming more suspicious as time went on. He was hospitalized, medicated and seeing a psychiatrist; that worked for a while but after a year, Andrew had his second break. He now heard voices in songs which urged him to act on harmful impulses. He was always able to resist those voices, but he was steadily losing touch with reality.

Andrew was diagnosed with schizophrenia and referred to the then-new Prevention and Recovery in Early Psychosis (PREP) Program. Two years later, through a combination of cognitive behavior therapy, cognitive rehabilitation, multi-family group sessions, individual therapy and medication management, Andrew is in control of his symptoms. This fall, he started college and can play and listen to music again. For more information about the Prevention and Recovery in Early Psychosis Program, please visit www.fsasf.org.

... reengage with the community

Edna O'Callaghan turned 68 this year. For the past few years she has suffered from isolation due to living on a very fixed income. Of her two children, one relocated to Texas and the other lives in Fresno with his family. The walls of her home are covered with pictures of her five grandchildren, which she wishes she could see more often. She became a part of the Senior Companion Program at Family Service Agency of San Francisco, where limited-income, mobile seniors provide companionship services 15-30 hours a week to frail, isolated, and homebound seniors. Now, Edna has a reason to get out more, interacting with other seniors and reengaging with the community. In addition to not feeling as isolated as before, Edna is also receiving a monthly stipend allowing her fixed income to stretch just a little bit further.



This is one of the many programs that Family Service Agency's Senior Division offers to help and support older adults. For a full list of our senior programs, please visit www.fsasf.org.