

# Innovations in Care

## CATALAC Information Sheet

### What is Innovations of Care?

*Innovations in Care* is the name of the partnership between UCSF and Felton Institute, formally called the Community-Academic Treatment & Assessment for Low-Income Aging Consumers (CATALAC). The goal of *Innovations in Care* is to implement approaches and tools to best meet the needs of FSA clients. An important aspect will be to provide regular feedback to clinicians on their clients' progress.

### What is this partnership all about?

The partnership is funded by a National Institute of Mental Health Grant (NIMH) RISP grant directed by Dr. Patricia Arean of UCSF and the Felton Institute to make FSA an agency where:

1. Evidence-based practices are implemented on the front lines of mental health with the guidance of experienced clinicians;
2. Providers of geriatric mental health services receive state-of-the-art trainings;
3. FSA works with UCSF in a partnership to do community-based research.

### What is a RISP Grant?

RISP (Research Infrastructure Science Project) refers to the type of grant that we received from the National Institute on Mental Health to support this partnership. RISP grants provide community-based organizations a chance to partner with academic organizations in achieving research and treatment improvement goals. RISP grants allow community providers and their clients to have a voice in mental health research, and to answer the questions that are most important to clients.

### What's in it for clinicians and FSA clients?

By furthering research in "real world" behavioral health settings, such as at FSA, clients receive state-of-the-art treatment and are invited to provide input in the research process, clinicians become familiar with state-of-the-art-treatment and clinical research and learn how to apply the data gathered to improve their practice, and the greater field gains a deeper understanding of which treatments work best for the most severe and under-served populations. There is always an opportunity to get involved - just speak to the Director of the Felton Institute and let your ideas be heard!

### What are we doing specifically in terms of Innovations in Care?

#### 1. **Pilot I: Diagnostic Toolkit (the ADEPT)**

##### **a. ADEPT (Assessment Diagnostic Evaluation Planning Tool)**

- i. Computerized client portals staffed with peer "docents" as escorts will screen clients for diagnostic issues and provide accurate and on-going outcome measures on touch screen computers designed to empower clients and engage them further in the recovery process.

- ii. Diagnostic screening and accurate diagnosis capacity is integrated with a recovery-oriented, strength-based assessment and plan of care tool kit
- iii. We will pilot the ADEPT with 400 consumers by April 1, 2011

**b. The purpose of the ADEPT:**

- i. To encourage better quality of life for the people we serve;
- ii. To build the capacity at FSA to make *data-driven treatment decisions*\* to better serve clients;
- iii. To integrate valid diagnostic assessment screening.

**c. ADEPT roll out plans:**

**2008 – 2009** - Diagnostic Screeners have been tested on paper throughout

**January - February 2010** The pilot of the KIOSKs is completed by team of docents and providers with 20 consumers

**February 2010** - The KIOSK will be modified based on pilot feed back and rolled out to entire Senior division

**April 2010** - Decision on other parts of the assessment tool kit -how to assess strengths, the ANSA, etc.

**July 2010** - The toolkit proves successful in *data-driven treatment decision making* and rolled out to Adult Division

**2. Pilot II: Training Providers in Evidence-based Practices (EBP)**

**Purpose:** Develop an Evidence-Based Practices training method that is useful and supports clinicians who work with FSA clients

- a. Twenty care providers will be trained in Evidence-Based Practices (EBP) over the first 3 years. Currently, fourteen care providers are being trained in cognitive behavioral therapy (CBT), and 47 have been trained in problem-solving Therapy (PST). One care provider has been certified in PST.
- b. A research study has been conducted measuring the effectiveness of eliminating audiotapes in the certification of PST. Eight providers have participated in the study. Results of this research study will be available in 2011.

**3. Pilot III: Develop a Consumer Integrated Record of Care Environment (CIRCE)**

- a. The RISP has been a driving force behind the development and funding of CIRCE.
- b. Most recently the RISP received supplemental funding to build out a KIOSK component that will allow us to utilize consumer accessed touch screens to measure clients' progress and share that information with clients and their clinicians.

---

\* *Data-driven treatment decision-making* is the capacity to integrate validated tools and outcome assessments into both the treatment planning process and on-going implementation of care.